



# WIC Child Nutritional Risk Codes

## Anthropometric — Priority III

- 103 **Child Underweight** — Less than or equal to 5th percentile weight-for-length (younger than 24 months) or less than or equal to 5th percentile BMI for age (2–5 years) (R)
- 104 **Child at Risk of Becoming Underweight** — Greater than the 5th and less than or equal to the 10th percentile weight-for-length (younger than 24 months) or BMI for age (2–5 years) (R)
- 113 **Child Overweight** — For children 24 months or older — Greater than or equal to 95th percentile BMI (R)
- 114 **Child at Risk of Becoming Overweight** — For children 24 months or older — Greater than or equal to 85th and less than 95th percentile BMI. For children 12 months or older having a biological parent who is obese (BMI greater than or equal to 30) at the time of certification (if mother is pregnant or has had a baby within the past 6 months, use her preconceptional weight to assess obesity) (R)
- 121 **Short Stature** — Less than or equal to 5th percentile length or stature for age (R)
- 122 **Child at Risk of Short Stature** — Greater than the 5th and less than or equal to the 10th percentile length or stature-for-age. (R)
- 134 **Failure to Thrive (FTT) (R)**
- 135 **Inadequate Growth (R)**
- 141 **Low Birthweight** — For children younger than 24 months only — Birthweight of 5 lbs. 8 oz. or less (2500 g or less)
- 142 **Prematurity** — For children younger than 24 months only — 37 weeks or less gestation.
- 143 **Very Low Birthweight** — For children younger than 24 months only — Birthweight of 3 lbs. 5 oz. or less (1500 g)
- 151 **Small for Gestational Age** — For children younger than 24 months — Diagnosed by a physician

## Biochemical — Priority III

- 201 **Low Hematocrit / Low Hemoglobin** — (R)
- \_\_\_\_\_ 12 to 24 months: Hct less than 33.0% or Hgb less than 11.0 g/dL
- \_\_\_\_\_ 2 to 5 years: Hct less than 33.0% or Hgb less than 11.1 g/dL

Blood test *must* be performed at each certification prior to 24 months.

Blood test may be waived for children 2 to 5 years old, if at previous certification:

- Hematocrit was 33% or greater, or Hemoglobin was 11.1 g/dL or greater

AND

- only qualified for risks 401, 428, or 470.

- 211 **Lead Poisoning** — Blood lead level of 10 µg/dL or greater within past 12 months (R)

## Clinical / Health / Medical — Priority III

### Nutrition-Related Risk Conditions

- 341 **Nutrient Deficiency Diseases** — Malnutrition, scurvy, rickets, hypocalcemia, and osteomalacia (Refer to nutrition risk manual for other conditions.) (R)
- 342 **Gastro-Intestinal Disorders** — Ulcers, liver and gallbladder diseases, GER, malabsorption syndromes, bowel diseases, and pancreatitis (R)
- 343 **Diabetes Mellitus**
- 344 **Thyroid Disorders**
- 345 **Hypertension**
- 346 **Renal Disease** — Excluding urinary-tract infections
- 347 **Cancer (R)**
- 348 **Central Nervous System Disorders** — Epilepsy, cerebral palsy, spina bifida, and myelomeningocele
- 349 **Genetic and Congenital Disorders** — Cleft lip or palate, Down syndrome, thalassemia major, muscular dystrophy, and sickle-cell anemia (not sickle-cell trait)
- 351 **Inborn Errors of Metabolism** — PKU, hyperlipoproteinemia, and galactosemia (Refer to nutrition risk manual for other conditions.)
- 352 **Infectious Diseases within Past Six Months** — Bronchiolitis (three episodes in past six months), TB, pneumonia, meningitis, parasitic infections, HIV or AIDS, and hepatitis (R)
- 353 **Food Allergy** — Wheat, eggs, milk, corn, or peanuts
- 354 **Celiac Disease** — Celiac sprue, gluten enteropathy, or nontropical sprue
- 355 **Lactose Intolerance**
- 356 **Hypoglycemia**
- 357 **Drug Nutrient Interactions**
- 359 **Recent Major Surgery, Trauma, Burns in Past Two Months** — Occurrences more than two months previous must have the continued need for nutritional support diagnosed by a physician
- 360 **Other Medical Conditions** — Juvenile rheumatoid arthritis, cardiorespiratory diseases, heart disease, cystic fibrosis, and persistent moderate or severe asthma requiring daily medication (R)
- 361 **Clinical Depression (R)**
- 362 **Developmental, Sensory or Motor Disabilities Interfering with the Ability to Eat** — Disabilities that restrict the ability to intake, chew, or swallow food or require tube-feeding to meet nutritional needs; minimal brain function, brain damage, head trauma, birth injury, other disabilities, or feeding problems due to a developmental disability such as pervasive developmental disorder, which includes autism

## Other Health Risks

- 381 **Dental Problems** — Nursing or baby-bottle caries, smooth surface decay of the maxillary anterior and the primary molars, periodontal disease, tooth decay, tooth loss or ineffectively replaced teeth (R)
- 382 **Fetal Alcohol Syndrome (FAS)**

## Dietary — Priority IV

- 401 **Failure to Meet Dietary Guidelines** — For children 2–5 years only
- 428 **Risk Associated with Complementary Feeding Practices** — For children younger than 24 months only
- 470 **Inappropriate Nutrition Practices**

## Other Risks — Various Priorities (See each code)

- 501 **Possibility of Regression** (Priority VII)
- 502 **Transfer of Certification** (No Priority)
- 801 **Homelessness** (Priority V)
- 802 **Migrancy** (Priority V)
- 901 **Recipient of Child Abuse or Neglect within Past Six Months (R)** (Priority V)
- 902 **Child of Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food** — (Priority V)
- \_\_\_\_\_ 17 years or younger
- \_\_\_\_\_ Mentally disabled or delayed, or mental illness such as clinical or postpartum depression
- \_\_\_\_\_ Physical disability which restricts or limits ability to prepare food
- \_\_\_\_\_ Current use or history of abusing alcohol or other drugs
- 903 **Foster Care** — During previous six months (Priority V)

(R) = Allowable regression risk code for children.